

assessment 2

by Farley Staines

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Assignment 2: Personal Development Plan (PDP)

Learning in the digital era

Personal development plan

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Data and information system / data sciences

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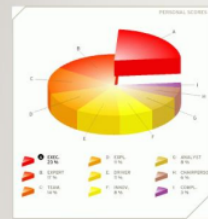
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Task 1 – self evaluation

SELF-REFLECTION

- I am not very social and tend to keep to myself
- I am logical in how I think and do things
- I will usually do things until it is completed, with most of the time, need help starting it off
- I will usually make a vague plan for what I am going to do something
- I rely on others to keep me going



BELBIN TEAM ROLE TEST

Of the nine team roles my two strongest are executive and expert. Executive is generally well-organized and eager to get the job done. Also efficient, practical, and systematic. Expert has a strong focus on the task. He prefers to work alone, and team members often have trust and confidence in him.

The two weakest being chairperson and completer.

The chairperson has a strong coordinating role and to keep the team together. He is open and deals with the members of the team.

The completer is very hardworking and feels responsible for the team's achievements and most effectively used at the end of a task, to polish and clean up the work for errors.

[1] 12team, "Team roles test," [Online]. Available: <http://www.12team.com/team-roles-test/> [Accessed 18 November 2022].

MBTI TEST



According to the personality test I am an ISTJ.

Introverted (I) + Sensing (S) + Thinking (T) + Judging (J)

I am logical and methodical, and often prefer tasks that require me to use step-by-step reasoning to solve a problem. I am thorough in the attention to details and examine things closely to be sure they are correct.

I like to know what the rules of the game are, valuing predictability more than imagination. I rely on experience to guide me and am more comfortable in familiar surroundings. I trust the proven method and appreciate the value of dedicated practice to build confidence in the skills. I am hardworking and will persist until a task is done.

[2] Truity, "The type finder personality test," Truity, [Online]. Available: <https://www.truity.com/test/type-finder-personality-test-new> [Accessed 18 November 2022].

COLOUR PERSONALITY QUESTIONNAIRE



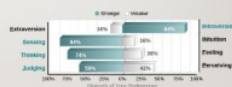
- I have a BLUE personality which means I am an analyst or an organizer.
- I like to collaborate with others and avoid conflict.
- People trust me to get the job done, and will often give you responsibility.
- I like to be accepted in social and professional circles.
- I listen to others emotions and am good at observing situations and creating solutions.
- I can be inclined to get too caught up with detail and be unwilling to improvise. However, in the right situation I can be a very valuable team member.

[4] 360 tests, "Color Personality Test: What's Your True Personality Color?" 360 tests, [Online]. Available: <https://360tests.com/personality-tests/free-color-personality-test/> [Accessed 18 November 2022].

MULTIPLE INTELLIGENCE SURVEY

According to the test I am a ISTJ

- My top intelligences are: logical, kinesthetics and visual
- I am a kinesthetics learner
- I am left brained
- Logical/Mathematical is my strongest intelligence



[1] Personality Plus, "Multiple intelligence test," Personality Plus, [Online]. Available: <https://personalityplus.com/multiple-intelligence-test/> [Accessed 18 November 2022].

MULTIPLE INTELLIGENCE SURVEY - STRENGTHS AND WEAKNESSES

Strengths:

- Good at listening
- Committed and loyal
- Excellent with money management
- Precise and detailed
- Handles criticism well

Weaknesses:

- Can become too rigid
- Not generous with praise
- Desires to always be right
- Not in tune with feelings

[10] Personality Plus, "Multiple intelligence test," Personality Plus, [Online]. Available: <https://personalityplus.com/multiple-intelligence-test/> [Accessed 18 November 2022].

Task 2 – personal development plan

Development Plan:

[Task 2 - Example PDP Template.doc](#)

<https://uowtsd->

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GIBBS REFLECTIVE CYCLE

Gibbs reflective cycle is a good way of working through an experience, stand alone or frequent. [5]

Description – describe the situation in detail, what happened, when, where, who, what did they do.

Feelings – feelings or thoughts you had and the impact it had, how were you feeling before, during and after, other people's feelings.

Evaluation – explain what worked and what didn't, positive and negative aspects.

Analysis – make sense of everything, why did/didn't it go well.

Conclusion – summarize what you learned and highlights, what skills to develop, what else you could have done.

Action plan – plan what you would do differently in a similar scenario, skills needed, how to act differently.



[5] The University of Edinburgh, "Gibbs' Reflective Cycle," 12 November 2020. [Online]. Available: <https://www.ed.ac.uk/reflecton/reflectors-tools/reflecting-on-experiences/gibbs-reflective-cycle>. [Accessed 17 November 2022].

DEVELOPMENT PLAN

What do I want/need to learn or develop? (Specific & Relevant)	What will I do to achieve this? (Specific)	What resources or support will I need? (Achievable)	What will my success criteria be? (Measurable)	Target dates for review and completion (Timebound)
Identify tools used by data analysis	Do research online to identify tools that are used by data analysis	Articles online and lists[6]	To identify tools that are commonly used	9 th of December
Discover methods used by data analysis	Do research online to discover methods data analysts use	Articles online[7]	Attempt to use a method that is discovered	12 th of December
Learn/ use a tool used by data analysis	Find a tool to use and search online on how to use it	Articles online and YouTube	Be able to use the tool efficiently	15 th of December

[6] Data Flair, "14 Most Used Data Science Tools for 2022: Essential Data Science Ingredients," July 2019. [Online]. Available: <https://data-flair.training/blogs/data-science-tools/>. [Accessed 28 November 2022].

[7] E. Stevens, "The 7 Most Useful Data Analysis Methods and Techniques," 13 October 2022. [Online]. Available: <https://careerfoundry.com/en/blog/data-analytics/data-analysis-techniques/#data-analysis-techniques>. [Accessed 28 November 2022].

Task 3 – topic summary

AGILE LEARNING

Agile learning is taking risks when not knowing what to do, it can be an uncomfortable feeling because of the feeling of being wrong or embarrassed, but agile learning undertakes failure as it feeds their success.

Most people believe you learn from your mistakes, yet most people don't ask for feedback possibly due to a fear of negative feedback, but this tells you what you have learnt or missed.

Most people become defensive when looking for feedback, due to being emotionally attached in a logical way, therefore you should try being aware but also aloof.

When in an unfamiliar situation, it is normal to seek out people with similar points of view, this can produce an effect called 'echo chamber' where people repeat the same ideas with the same points of view as you.

HABITS

01

A habit is a fixed way of doing something to an automatic behaviour. This has good and bad benefits to it: a good thing is you don't need to rethink what to do as it just happens. They are made by doing experiences you have and creating fixed ways of doing them.

02

To change habits, you need to change paths, this takes time and can be done by doing multiple repetition of the new outcome you want.

03

A habit is often a response to a certain trigger that makes you follow a routine then ends with a reward: this is called a habit loop. To change habit, journalist Charles Duhigg, suggests changing the habit loop.

LEARNING

- Learning new things that affect your life can be hard as your brain is hardwired to do fun things.
- Anatomy of learning experience:

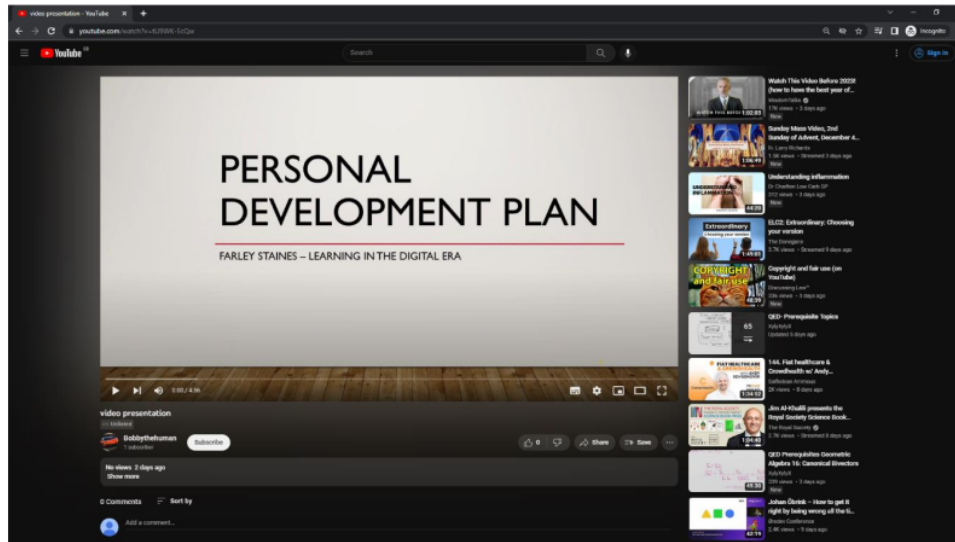
- Challenge: When you begin something new it is often a challenge because you have mastered the old way of doing it. You are likely to fail in the early stages and it is tempting to revert to the old way.
- Decisions: Going against the new decision often leads to a dip in performance which can produce stress and discomfort, this is the point where people give up and go back to the old way. Embracing stress with a new decision often leads to greater performance.
- Comfort zones: When you step out of your comfort zone that is when performance is greater.
 - The first zone is the comfort zone where you are safe and in control.
 - The second zone is the fear zone where you lack self-confidence and find excuses to go back.
 - The third zone is the learning zone where you deal with challenges and problems and get new skills.
 - The fourth zone is the growth zone where you find purpose and live dreams while setting new goals and conquering them.



Task 4 – video presentation

Video Presentation:

<https://youtu.be/tLI9WK-5cQw>



Back up of Video Presentation:

[video presentation.mp4](#)

<https://uwotd->

[my.sharepoint.com/:v:/g/personal/2204098_student_uwotd_ac_uk/EbHanC1if1IMINF1xR94uTABaHloJ1oYg1YJPCX1QgnWRA?e=tewlkv](https://uwotd-my.sharepoint.com/:v:/g/personal/2204098_student_uwotd_ac_uk/EbHanC1if1IMINF1xR94uTABaHloJ1oYg1YJPCX1QgnWRA?e=tewlkv)

Power point:

[a2.pptx](#)

<https://uwotd->

[my.sharepoint.com/:p:/g/personal/2204098_student_uwotd_ac_uk/EdLmGXYeegpFsPfi86yHBxcBXwckllyV1oqTHgUv-7R59w?rttime=d7v_R7LW2kg](https://uwotd-my.sharepoint.com/:p:/g/personal/2204098_student_uwotd_ac_uk/EdLmGXYeegpFsPfi86yHBxcBXwckllyV1oqTHgUv-7R59w?rttime=d7v_R7LW2kg)

FINAL GRADE

GENERAL COMMENTS

Instructor

86/100

Total:		86
1. Engagement with Literature Skills		
+ Some good use of citations and formatted reference list. A book chapter and/or journal paper would add value to the reference list.	20	10
2. Knowledge and Understanding Skills		
Self-evaluation: + Good Knowledge and Understanding of self provided, including strengths, weaknesses and traits, gained from: the self-assessment tools. + And from Self-reflection. PDP: + Good understanding of Professional Development Planning demonstrated. + Reflective model documented. + Some resources to achieve goals include some identified supporting sources with references. Unit 4 Topic summary: + Some key areas/concepts have been described. Good. - Knowledge and Understanding could include some supporting citations.	20	18
3. Cognitive and Intellectual Skills		
Self-evaluation: + Good analysis from self-assessment tools provided. +		18

Analysis includes some reference to relevant theories and concepts. + Self-reflective analysis documented. PDP: + Reflective model used in the analysis. + Good SMART Goals and PDP analysis covering development areas included. Unit 4 Topic summary: + Some key areas/concepts have been analysed. - Analysis could include some supporting citations.	20	
4. Practical Application Skills 5, 5, 5, 5		
Video creation: + Good use of Video creation and streaming platform. Self-evaluation: + Use of self-evaluation tools and their output clearly documented and presented in a well-structured format. PDP: + SMART well-structured PDP created, clearly documented, and presented. + Understanding of the basic and underlying self-evaluation & PDP concepts and principles is applied. + Linked to personal & professional development.	20	20
5. Transferable Skills for Life and Professional Practice		

Video presentation:		2
+ Good format, structure and delivery.	2	0
+ Good balance between text and images/diagrams.	0	
+ Some Animation fx used.		
+ Introduction and conclusion included.		
Word document submission: + Title page. Table of contents (Toc). Required content. Video link works well.		

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